



## The First-Year Experience begins with you!



Learn more about FYE at MCC:  
[WWW.MIDDLESEX.MASS.EDU/FYE](http://WWW.MIDDLESEX.MASS.EDU/FYE)

### FYE Seminar Student Reflections

*"This class is vital for a new college student. It showed me how to survive in a college atmosphere, and helped me discover what it takes to be a good student."*

*"Thanks to this class I've learned about different activities that are offered at Middlesex. It's important to get involved, or reach out and ask for help if you need it."*

*"I learned a lot this year. I discovered how to stay on track until the very end, no matter what. Even with a lot on my plate, I managed my classes pretty well and learned from my mistakes."*

*"In this class I've learned that it's important to learn to manage your time because if you can't, you fall behind. I watched a lot of people drop classes. If I didn't figure out how to manage my time, I feel I would have become one of them."*

For more information about  
the First-Year Experience  
at Middlesex  
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The First-Year Experience introduces the following Institutional Student Learning Outcomes (ISLOs): *Written and Oral Communication, Critical Thinking, Quantitative Literacy, Multicultural and Global Literacy, Social Responsibility, and Personal and Professional Development.*



## What is the First-Year Experience (FYE)?

FYE is designed to support first-year students as they transition to college life. The program *engages* and *encourages* students to become active members of the larger MCC community by making them aware of academic and co-curricular opportunities, thus helping them become more involved and successful in their studies. FYE students also work with advisors to create a unique academic and financial plan for their education and future.



## The First-Year Experience Seminar at MCC

At the core of MCC's First-Year Experience is the First-Year Experience Seminar, a one-credit Interdisciplinary Studies (IDS) course that is linked with a three-credit introductory college-level course to form an FYE Learning Community. Students learn essential success skills, behaviors and strategies that are necessary for the successful completion of their college classes.

**There are a variety of other IDS seminars that can be taken as stand-alone courses.**

IDS courses foster a strong sense of community through the use of small classroom settings group projects, presentations and course offerings that are topical and accessible to all students. IDS courses incorporate a wide variety of concepts and are meant to lead and support the development of students' oral and written communication skills, while promoting strong relationships among students, their instructors, and the college community.

Other IDS courses include:

- ✓ *Service-Learning*
- ✓ *Leadership*
- ✓ *Research*
- ✓ *Career Exploration and Development*
- ✓ *Wellness*

Check your Semester Advising Schedule and meet with your academic advisor for available IDS course offerings.

## Benefits of the First-Year Experience

National research has shown what we at Middlesex have intuitively known all along: *Students are more successful in completing courses, in graduation rates, and in overall achievement when they are personally engaged with their college.*



**MIDDLESEX**  
Community College