

<b>Pantries</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Billerica Community Food Pantry</b> 11 Concord Rd. Billerica, MA <b>978-357-7560</b> ( <i>Register by Phone</i> )	5-7 PM  2 <sup>nd</sup> & 4 <sup>th</sup> of Month	9-Noon  2 <sup>nd</sup> & 4 <sup>th</sup> of Month	1-4:30 PM  2 <sup>nd</sup> & 4 <sup>th</sup> of Month			9-Noon  2 <sup>nd</sup> of Month
<b>Catholic Charities of Merrimack Valley</b> 70 Lawrence St. Lowell, MA <b>978-454-9946</b>	1-3:30 PM	1-3:30 PM	1-3:30 PM	1-3:30 PM		
<b>CBA Food Pantry</b> 450 Merrimack St. Lowell, MA <b>978-483-9082</b> ( <i>&amp; By Appt.</i> )		9-5	9-Noon			
<b>Central Food Ministry</b> 370 W. Sixth St. Lowell, MA <b>978-454-7445</b>		10-1	10-1	10-1 7-8		
<b>Chelmsford Community Exchange</b> 50 Rear Billerica Rd. Chelmsford, MA <b>Chelmsfordfoodpantry.org</b>			5-8 PM	2-4 PM	6:30-8 PM	
<b>Christ Jubilee Food Pantry</b> 101 Smith St. Lowell, MA <b>978-452-9976</b> ( <i>Call Ahead</i> )					Noon-1	
<b>Community Christian Fellowship</b> 105 Princeton Blvd. Lowell, MA <b>978-934-9414 x117</b> ( <i>Call Ahead</i> )	<b>TEMPORARILY CLOSED</b>					
<b>Dracut Food Pantry</b> 1934 Lakeview Ave. Dracut, MA <b>978-957-8600</b>						9-11 AM 4 <sup>th</sup> of Month
<b>Dwelling House of Hope</b> 125 Mt. Hope St. Lowell, MA <b>1-866-674-9988</b>				<i>Call for Appt.</i>		9-11:30 AM
<b>NFI Family Resource Center</b> 27 Prescott St. Lowell, MA <b>978-455-0701</b> ( <i>Call Ahead</i> )	10-2	1-5 PM			10-2	
<b>Hope Dove</b> 117 Perry St. Lowell, MA <b>978-455-2285</b>				11-1		9:30-12:30
<b>Lowell Senior Center</b> ( <i>Age 60+ Only</i> ) 276 Broadway St. Lowell, MA <b>978-674-4131</b>		10-2 4 <sup>th</sup> of Month				

<b>Open Pantry Greater Lowell</b> 13 Hurd St. Lowell, MA <b>978-453-6693</b>	8:30-11:45 AM	8:30-11:45 AM	8:30-11:45 AM	8:30-11:45 AM		
<b>Salvation Army</b> 150 Appleton St. Lowell, MA <b>978-458-3396 – Please call first</b>	9-11 AM		9-11 AM 3-6 PM		9-11 AM	
<b>Tewksbury Community Food Pantry</b> 999 Whipple Rd. Tewksbury, MA <b>978-858-2273/tewksburypantry.org</b>	7-8 PM					<b>Sat.</b> 10-11 <b>Sun.</b> 9-11
<b>Westford Food Pantry</b> 20 Pleasant St. Westford, MA <b>978-692-5523/westfordfoodpantry.org</b>	<b>Call or Check Website for Hours</b>		6-8 PM		9-11 AM	

Meals Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Community Servings</b> 18 Marbury Terrace, Jamaica Plain <b>617-522-7777</b>	<b>For Lawrence &amp; Lowell residents with acute life threatening illnesses</b>					
<b>Life Connection Center</b> 192 Appleton St. Lowell, MA <b>978-997-0588</b>	<b>Hot Meals for Middlesex County Adults Mondays, Tuesdays and Wednesdays 12-2 PM</b>					
<b>Living Waters</b> 10 Kirk St. Lowell, MA <b>978-323-4673</b>	<b>Check website for days and hours.</b> <a href="https://www.livingwaterslowell.org/services/">https://www.livingwaterslowell.org/services/</a>					
<b>Lowell Senior Center (Age 60+ only)</b> 276 Broadway St. Lowell, MA <b>978-970-4131</b>	7-8 Breakfast 11-11:30 Lunch	7-8 Breakfast 11-11:30 Lunch	7-8 Breakfast 11-11:30 Lunch	7-8 Breakfast 11-11:30 Lunch	7-8 Breakfast 11-11:30 Lunch	7-8 Breakfast 11-11:30 Lunch <b>Sundays too!</b>
<b>Meals on Wheels</b> Elder Services of MV <b>800-892-0890</b>	<b>Operates Monday-Friday with frozen meals available on the weekend!</b> <b>For homebound residents aged 60+ / Must apply!</b>					
<b>St. Paul's Kitchen</b> 273 Summer St. Lowell, MA	<b>Hot Meals served Monday through Friday – 5-5:45 PM</b>					
<b>Salvation Army Community Table</b> 150 Appleton St. Lowell, MA <b>978-458-3396</b>		Seniors 8:30-10:30 All Welcome 11:30		Seniors 8:30-10:30 All Welcome 11:30		All Welcome 1:00 <b>Sundays All Welcome 4:30</b>
<b>Table of Plenty</b> 50 Billerica Rd. Chelmsford, MA Town gym behind office / <b>978-710-8328</b>		Hot Meals 5-6 PM				

**Project Bread Food Source Hotline 1-800-645-8333 or Dial 211 for a listing of Emergency Services**

**PLEASE BE SURE TO CALL PRIOR TO GOING!**